

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Gerard Heath**

Has successfully participated & completed the  
**13km Shift Wellness - Summer Trail Run**  
held at Walter Sisulu Garden.

**TIME 01:29:07**

**PACE 06:51/km**  
**OVERALL 21 of 108**

**GENDER 16 of 69**  
**40 - 49 9 of 30**

27 January 2019, Sun

Date



*BoutTime*

Signature

